

EMOTIONS GRID

Surprised	Interested	Happy	Confused	Uninterested	Depressed	Angry	Scared
Shocked	Impressed	Excited	Muddled	Detached	Fed up	Upset	Terrified
Astonished	Fascinated	Enthusiastic	Unclear	Unconcerned	Regretful	Annoyed	Worried
Flabbergasted	Gripped	Pleased	Distrustful	Unresponsive	Downhearted	Infuriated	Nervous
Stunned	Affected	Glad	Mixed-up	Unsympathetic	Disappointed	Outraged	Threatened
Startled	Moved	Passionate	Unsure	Distant	Miserable	Antagonised	Horrified
Appalled	Struck	Inspired	Puzzled	Unmoved	Grim	Irritated	Disturbed
Offended	Inspired	Elated	Unconvinced	Unemotional	Saddened	Cross	Panicked
Bewildered	Hooked	Contented	Uncertain	Uninvolved	Hopeless	Irate	Alarmed

GROUND RULES FOR CLASS DISCUSSION

Every lesson contains a talking point. Here are some simple ground rules to build pupil confidence and engagement and make learning safe, fun and collaborative.

- Look and listen to the speaker
- Show interest
- Do not interrupt
- Stay focused
- Use clear words
- Develop your ideas
- Be polite
- Be prepared to agree and disagree with an idea.

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